



# Heriot School

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3 March 2020

## EASTERN SOUTHLAND ZONE PRIMARY SCHOOLS ATHLETIC SPORTS

Dear Parents/Caregivers

Congratulations to \_\_\_\_\_ who has qualified for the Eastern Southland Primary Schools Athletic Sports at Newman Park, Gore on **Tuesday 10 March** in the following events:

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- Age is at 31 December 2019
  - Postponement Date – Wednesday 11 March
  - Children are required to find their own transport to and from the event although please let me know if you cannot transport your child
  - Please find the attached programme for the event
  - Please be at grounds 30 minutes before your event
  - Please wear your school sports uniform
  - **NB:** Only Year 10 - 12 competitors can use spikes, crouch and blocks
  - If the track is running behind – and a competitor is due to compete in a field event, then it is their responsibility to inform the controller at the field event so that they can still compete, immediately after their race
  - Once the programme is underway, children need to listen for event calls – being at an event is their responsibility, not the Event Organisers. Times on Programmes are approximate, and CAN ADVANCE 15mins
  - Footwear must be worn for Shot Put

Please do not hesitate to ask any questions or if you require further information.

Penny O'Meara  
Sports Coordinator

Date: Tuesday 10<sup>th</sup> March      Postponement: Wednesday 11<sup>th</sup> March      Venue: Newman Park  
 Event Controllers Meeting: 9:10am Especially time keepers for 1<sup>st</sup> - 6<sup>th</sup> place  
 Athletics Sports Commencement: 9:30am

**Event 1: Boys and Girls 800m (Age Groups - 9 Girls, 10 Girls, 11 Girls, 12 Girls...followed by 9 Boys, 10 Boys, 11 Boys, 12 Boys.)**

Boys

10.10am      100m Boys  
 7,8,9,10,11,12

60m  
 7, 8 year Boys

Finals held after heats

11.00am      High Jump      9yrs  
 Long Jump      10yrs  
 Shot Put      11yrs  
 Discus      12yrs  
 Nerf Throw      12yrs

11.30am      High Jump      12yrs  
 Long Jump      9yrs  
 Shot Put      10yrs  
 Discus      11yrs  
 Nerf Throw      11yrs

12.00pm      200 metres  
 9, 10, 11, 12yrs

12.30pm      1500m  
 10, 11, 12yrs  
 Boys and Girls

1.00pm      High Jump      11yrs  
 Long Jump      12yrs  
 Long Jump      8yrs  
 Shot Put      9yrs  
 Discus      10yrs

1.30pm      High Jump      10yrs  
 Long Jump      11yrs  
 Shot Put      12yrs  
 Discus      9yrs

2.00pm      Relays      8,9,10,11,12yrs

Girls

10.10am      High Jump      9yrs  
 Long Jump      10yrs  
 Shot Put      11yrs  
 Discus      12yrs  
 Nerf Throw      12yrs

11.00am      100m Girls  
 7,8,9,10,11,12

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 Long Jump      12yrs  
 Long Jump      8yrs  
 Shot Put      9yrs  
 Discus      10yrs

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