



# Heriot School

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## WEST OTAGO PRIMARY SCHOOL ATHLETIC SPORTS

The junior and senior athletic sports will be held at the BMC Sports Grounds this coming Wednesday, 20 February. The postponement date is the next fine day, i.e. Thursday 21 February. Any postponements will be advertised on 'Hokonui Gold' radio on Wednesday morning.

***NB: The Snowphone will not be activated.***

Parents are responsible for transporting their children to and from the event. Heriot School is organising the sports this year and once again we will run the 800m, 1500m and sprints and relays at the senior sports. As always, we require timekeepers. So please head over to the finish line and see Pauline Cormack if you can help us out.

### JUNIOR SPORTS – 5&6 YR OLDS, AGE AS AT 31/12/18

The junior athletics starts at **9.20am**. It is held at the BMC field closest to the Tapanui-Raes Junction highway roadside. All children are to assemble on the tarpaulins (one tarpaulin is for 5 year olds and the other for 6 year olds). Children are to leave their shoes on and have their bags with them at the back of the tarpaulins if there is room. **Mrs Kinaston is the Heriot Junior Controller** so if you have any queries please look for Tara. A morning tea break will be held between 10.40am and 10.50am. The juniors finish at approximately 11.30am and all children are then free to go home with parents as there is no school in the afternoon.

### SENIOR SPORTS – AGE AS AT 31/12/18

The 1500m event will start at 9.00am. Everyone will assemble at approximately **9.30am** when the 1500m concludes, with the first event commencing at 9.40am. **NB:** The 800m event will be run at 11.10am while everyone else has a short 20 minute break. This is to allow those children doing both long distance races an opportunity to recover after the 1500m in the morning. Ages are as at 31 December 2018. Children must remain at an event until either the hooter sounds or Mr Brensell comes and collects them to go to the next event. Lunch will be between 12.30 and 1.00pm approximately.

### GENERAL

- Please ensure all children have **appropriate footwear, snack food, lunch (seniors only) and a drink bottle**. The Heriot School PTA will be selling sausages for \$2 each, from 12 o'clock onwards.
- BMC Sports Grounds are smoke free so please refrain from smoking on the grounds.

- If you have any complaints / issues please address them with me not with the people running the event. Remember that this is our children's' sports day. None of us are professionals and our priority is to make sure everyone has fun and enjoys competing.
- Remember to please dress for the weather conditions. Hopefully it's sunhats and sunscreen but please remember some warm clothing! Please ensure children have sunblock on when they arrive. Sports uniforms have been handed out at school and teachers will take the school sunhats themselves and issue these to students.
- Following the last of their events, all children are free to go home with their parents as there is no school in the afternoon. Please advise a staff member if you do take your child/ren so they can be signed off the bus lists.

### ORDER OF EVENTS FOR SENIOR SPORTS

*Times are only approximate and may well change on the day*

	9.00	9.30	9.40	10.10	10.40	11.10	11.30	12.00	12.30	1.00	1.30
7		<b>A S S E M B L E</b>	Sprints 60/100m	High Jump	Long Jump	BREAK	Shot Put	Discus	<b>L U N C H</b>	4x50m Relays	Sprint Finals
8			Shot Put	Long Jump	Sprints 60/100m	BREAK	Discus	High Jump			Sprint Finals
9	1500m		Discus	Shot Put	High Jump	800m	Sprints 100/200m	Long Jump		4x100 Relays	Sprint Finals
10	1500m		Long Jump	Sprints 100/200m	Discus	800m	High Jump	Shot Put			Sprint Finals

### ORDER OF SPRINT FINALS

200m 10 & 9 yrs

60m 8 & 7 yrs

100m 9, 8, 7, 10 yrs

**Colin McHutchon**  
**Principal**